

STANDARD OPERATING PROCEDURE FOR COVID-19 RELATED CASES BY MEDICAL DIVISION, BARC

The increasing number of covid cases is matter of great concern. Along with the treatment of other ailments, BARC Hospital has been extending the Covid-19 related services to CHSS beneficiaries within the framework of guidelines laid down by BMC. Efforts are being done to augment these facilities to meet the increasing demands. To facilitate smooth service to the beneficiaries, a Standing Operating Procedure is given below :

1. Suspected case of patients having Corona symptoms

- a. The patients showing the symptoms of Covid-19 should immediately report to the respective dispensary or casualty of BARC hospital or any other nearest medical centre, if necessary.
- b. A Helpline No.022-25598402 is made functional at BARC Hospital, Anushaktinagar for addressing the queries in the current Covid-19 situation. This facility is exclusively for CHSS beneficiaries and will operate on all working days – Monday to Friday (Except holidays) – from 10.00 am to 01.00 pm and 02.00 pm to 03.00 pm.
- c. A control room will be made functional at Anushakti nagar and the announcement will be made in due course. The Control room will provide information for :
 - i. Testing of suspected COVID-19 cases
 - ii. Exploring the possibility of admission of the patient in Covid designated facility
 - iii. Documentation required at various stages (ADHAR card)

2. Testing of COVID-19 cases.

- a. Testing of Covid-19 cases is being done as per the guidelines of ICMR and BMC.

- b. Testing of COVID-19 cases is done by outside agencies. Typically this agency collects the sample once in a day at BARC hospital and the results are made available in 1 to 3 days.
- c. In case of emergency, patients are sent to designated testing centres in Mumbai. These patients are provided with the necessary authorisation required for COVID-19 testing in labs. The charges of testing are borne by the Department.
- d. The patients staying outside Anushaktinagar should approach their dispensary for examination and if required dispensary will arrange for the testing in nearest designated test centre and the cost will be borne by department.
- e. In cases where the beneficiary is staying far away from the dispensary he/she can get the authorisation from any registered medical practitioner and get the test conducted by designated testing centres in Mumbai. Such charges will be reimbursed.
- f. The doctor treating the patient decides future course of action for the patients tested positive. The patients are requested to follow the instructions as per medical advice.
- g. If any patient is tested positive, the concerned administrative head will be informed for facilitating the contact tracing.

3. Treatment of COVID-19 patients

- a. In case, a patient tested positive for COVID-19, further follow-up of the case is done as per the Standard Operating Procedure of Medical Division.
 - i. The asymptomatic, COVID-19 tested positive patients are advised to undergo quarantine, as per BMC guidelines.
 - ii. The patients suspected of COVID-19 and needing medical attention are admitted to Fever ward of BARC Hospital.
 - iii. The patients tested positive and needing medical attention are transferred to any of the panel hospitals / other COVID designated treatment centres based on their clinical condition and prevalent guidelines and depending upon the availability of beds.

- iv. The patients are treated as per current guidelines at BARC hospital, till getting admitted to outside hospital or COVID-19 care facility.
- b. In addition, patients can explore the possibility of getting admission to any of the designated hospital. Such cases should be reported to the respective dispensary or hospital at the earliest. The hospital expenditure will be reimbursed by considering those cases as emergency cases.
- c. The instructions of the BARC hospital authorities regarding the admission, shifting to outside hospital and discharge should be strictly complied by the patients.
- d. If a non-CHSS beneficiary family member is tested positive, Medical Division and Anushaktinagar Security should be intimated immediately.

4. Containment of affected building

- a. If any resident in a particular building is identified as COVID-19 positive, that portion of the building is sealed by the local authorities. If single entrance is used for more than one wing in a building, all such wings are sealed. Movement of residents in and out from this containment is highly restricted.
- b. On receipt of the information about the COVID-19 positive case, DCS&EM will carry out sanitisation of common areas in contained area.
- c. The affected patient and the family members should not move out of the house, except in emergency situations.
- d. The other residents in that containment are also expected to minimise movement outside their houses.
- e. Sealed condition will continue until clearance obtained from local authorities.
- f. If any beneficiary is home quarantined suspecting Covid-19 case, the residents' association or the other residents in the building are requested to help the quarantined family to meet essential needs from outside. Besides, Control Monitoring System (CMS) of

Anushaktinagar security can also be contacted regarding this. The phone numbers are 25562666, 25486701 and 25486706.

5. General Guidelines for Anushaktinagar Residents

1. The Residents' Association of each building should identify a team of residents whose services will be required for co-ordinating the COVID-19 related issues.
2. Residents of Anushaktinagar are requested to visit the 'COVID Corner of BARC website periodically and to follow the latest instructions. The Medical Division would be sharing important information including audio and video instructions about COVID-19 at this website.
3. Residents are requested to remain indoors and minimise their movement only for the essential needs.
4. The norms of social distancing should strictly be followed. Wearing of facemask is mandatory while moving outside the residence.
5. Going out of the Anushaktinagar colony should be avoided as far as possible.
6. Announcement by Anushaktinagar Security is being done periodically in the colony and all residents are requested to adhere to these instructions.

All the members of DAE family are requested to follow strict preventive measures.

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